



UNIT 2 — Cultural Identity

WORKSHEET 5: SELF IDENTITY

This worksheet supports the third exercise in Unit 2 of the resource.



For this exercise, you are working on your own on a personal reflection.

Use the box below to take 5 minutes to answer the question ‘when I look in the mirror I see...’

You can use individual words, full sentences, images and diagrams to give your response.



Report back to the group if you are comfortable to do so.